

Trade Winds Classics

CHICKEN MARYLAND £21.00

Fried breast of chicken in breadcrumbs, fried banana in breadcrumbs, bacon mushroom & chips

CHICKEN TRADE WINDS (GF) £20.50

Pan-fried Butterfly Chicken with White Wine, Onion, Mushroom & chopped Tomatoes, finished with Cream.
Served with new potatoes, fries or rice

TENDER PORK BELLY RIBS £18.50

Sweet, spicy & sticky, served with French Fries

LASAGNE £16.00

Beef Bolognese & Creamy Bechamel Sauce, served with French Fries

½ ROAST DUCK WITH ORANGE SAUCE £29.00

Served with roast potatoes, new potatoes or fries

BEEF CURRY & RICE £19.00

Tender braised Beef

CHICKEN CURRY & RICE £16.00

Tender Chicken chunks

AUBERGINE PARMIGIANA £18.00

THE CLASSIC ITALIAN BAKE

Layers of aubergine, tomato, mozzarella & parmesan cheese & Greek salad (v)

Extras

OLIVES (V) £4.50

GREEK SALAD & PITTA BREAD (V) £7.00

GRILLED HALLOUMI & OREGANO (V) £7.50

SELECTION OF HOMEMADE DIPS (V) £5.50 EACH

Taramasalata - Tzatziki - Houmous
plus a Pitta Bread

EXTRA PITTA BREAD X 3 (V) £3.00

Trade Winds Pizzas

**TO EAT IN OR TAKEAWAY
HOMEMADE 12" PIZZAS**

Ask Nick for the Pizza of the Day

MARGARITA (V) £10.50

Classic sun blush Tomato, Mozzarella & fresh Basil

MUSHROOM £12.00

Greek sausage oregano

MEAT FEAST £13.50

Pepperoni, Greek sausage, ham

HAWAIIAN £11.50

Ham & Pineapple

PEPPERONI £11.50

Classic Pepperoni, Mozzarella & fresh Basil

ULTIMATE ROAST TURKEY £13.50

Children's Menu £8.00

4 FISH FINGERS served with homemade Chips

CHICKEN NUGGETS served with homemade Chips

MINI CLASSIC BURGER with Cheese & homemade Chips

HAM & EGG served with homemade Chips

MINI CHEESE & TOMATO PIZZA

*If any of your old favourites are not listed
on the menu, if you call in advance
we will try our best to accommodate you.*

SUNDAY ROAST £18.00

Meats of the day with seasonal vegetables

BOOKING ADVISED

Trade Winds

TRADITIONAL GREEK & ENGLISH
RESTAURANT

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RESTAURANT

01626 773181

To Start

FOCACCIA BREAD £6.50

Hand rolled flat bread with olives & tomato

CLASSIC PRAWN COCKTAIL £9.50

With Marie Rose sauce, cucumber & lettuce

TRADITIONAL GREEK SALAD £8.00

With olives, feta cheese & pita bread

SHARING PLATTER £25.00

Taramasalata, tzatziki-houmas, Greek sausages, marinated olives, pitta bread.
Or individual, please let us know

BLOODY MARY SOUP £7.50

With a shot of vodka at the table

THE HOT 'SPAM' DOG £8.00

Coated in crispy fried potato pieces with ketchup & mushy peas

SWEET MELON & GRILLED HALLOUMI SALAD £8.50

With cucumber, tomato & mint

DEVILLED WHITEBAIT RECIPE £8.50

With tartare sauce & lemon

CREAMY GARLIC MUSHROOMS £8.50

With a crust of Parmesan cheese

Fish Dishes

HOMEMADE BATTERED COD £15.00

With French Fries & Peas

GRILLED FILLETS OF SEABASS (GF) £27.50

With a Skewer of Tiger Prawns, Sautéed in Garlic Butter, French Fries or New Potatoes

POACHED SALMON FILLET (GF) £20.00

In a White Wine, Cream & Bay Leaf Sauce, French Fries or New Potatoes

Greek Specialties

'KOTOPITA' THE BEST GREEK CHICKEN £21.50

Roast chicken, vegetables and bechamel sauce in crispy filo pastry, served with Greek salad
Takes up to 25 minutes to cook

THE HALLOUMI SAGANAKI BURGER £20.00

With oregano, toasted sesame & a drizzling of honey

BEEF STIFADO (GF) £24.50

The secret here is the very long, slow cooking. Juicy & tender, melt in the mouth Beef Stifado.
Slightly sweet & intense Tomato based Sauce
Served with Rice & Greek Salad

PASTITSIO (BAKED GREEK LASAGNE) £19.50

If you haven't tried Greek Pastitsio before then you are certainly missing out!

Layers of juicy Mince Beef in a Rich Tomato Sauce
Topped with Cream & Macaroni Cheese
Served with Greek Salad

LAMB SHANK KLEFTIKO (GF) £25.00

Lamb Shank, cooked slowly, with Oregano, Garlic, Red Wine & Vinegar Sauce
Served with Rice & Greek Salad

Nick's Gyros

BUILD YOUR OWN - WITH A CHOICE OF:

CHICKEN SOUVLAKI £19.50

Tender pieces of Chicken in Lemon Juice, Garlic, Olive Oil & Oregano

LAMB SHANK - DONER KEBAB £21.00

Tender Lamb glazed with Kleftiko Sauce

BBQ HALLOUMI CHEESE & VEGETABLE KEBAB (V) £19.00

Marinated Halloumi Cheese & Greek Vegetables

Served with Sliced Tomatoes, Shredded Lettuce, Tzatziki & French Fries

The Grill at Trade Winds

All served with French Fries, Grilled Tomato, Mushroom & Peas

10oz SIRLOIN STEAK (GF) £29.00

Premium Cut

ADD

A SKEWER OF TIGER PRAWNS £9.50

Sautéed in Garlic Butter

PAN FRIED LIVER & BACON £14.50

Served with Fries or Mashed Potatoes

12oz GAMMON STEAK (GF) £15.00

With either Double Egg or Pineapple served with French Fries & Peas

Steak Sauces

£3.50 each

DIANE

Flavoured with Brandy, Worcester Sauce, French Mustard & Red Wine, finished with Fresh Cream & Parsley

PEPPER

Brandy & Peppercorns, finished with Fresh Cream

STROGANOFF

Mushrooms flambéed in Brandy with Paprika & Double Cream

STILTON

Bacon, Mushroom, Stilton & White Wine

Sides

CHIPS SMALL £2.50

CHIPS REGULAR £4.00

TRIO OF VEG £4.00

GARLIC CABBAGE £4.00

GARLIC BREAD £5.00

GARLIC BREAD WITH CHEESE £5.50

Please inform staff of any allergies or special dietary needs
(V) Vegetarian (GF) Gluten Free