

## Trade Winds Classics

**SPAGHETTI BOLOGNAISE £16.50**

A Tradewinds classic!

**SPAGHETTI ARRABIATA £16.50**

Spicy tomato, chilli, garlic & olive

**SPAGHETTI CARBONARA £16.50**

Creamy garlic mushroom & bacon

**BEEF STROGANOFF ON A BED OF RICE £28.50**

Strips of fillet steak, flamed in brandy with mushrooms, paprika & double cream

**CHICKEN TRADE WINDS (GF) £21.50**

Pan-fried Butterfly Chicken with White Wine, Onion, Mushroom & chopped Tomatoes, finished with Cream.  
Served with new potatoes, french fries or rice

**BREADED PORK ESCALOPES & GARLIC BUTTER £21.50**

Served with french fries or new potatoes

**BREADED CHICKEN ESCALOPES & GARLIC BUTTER £21.50**

Served with french fries or new potatoes and garnish

**TENDER PORK BELLY RIBS £19.50**

Sweet, spicy & sticky, served with fries or rice or new potatoes

**BEEF LASAGNE £18.50**

Beef Bolognese & Creamy Bechamel Sauce, served with French Fries or garlic bread

**½ ROAST DUCK WITH ORANGE SAUCE £29.00**

Served with roast potatoes, new potatoes or fries

**CHICKEN CURRY & RICE £16.00**

Tender Chicken chunks

**CLASSIC BEEF BURGER £17.00**

8oz burger cooked medium well, served with fries, sliced tomato, red onions & roquette salad.

**DOUBLE UP WITH ANOTHER BURGER £23.00**

Served with french fries

**EXTRA BACON ... £1.50**

**CHEESE ... £1.50**

**FRIED ONIONS ... £1.50**

*Children's Menu* £9.50

**4 FISH FINGERS** served with Chips

**CHICKEN NUGGETS** served with Chips

**MINI CLASSIC BURGER** served with Chips

**HAM & EGG** served with Chips

**SPAGHETTI Bolognese**



*If any of your old favourites are not listed on the menu, if you call in advance we will try our best to accommodate you.*

**SUNDAY ROAST** £18.00

Meats of the day with seasonal vegetables

**BOOKING ADVISED**

# Trade Winds

TRADITIONAL GREEK & ENGLISH  
RESTAURANT

*Trade Winds*

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RESTAURANT

01626 773181

## To Start

**WARMED SLICED SOURDOUGH BREAD** £7.00  
With balsamic vinegar & olive oil

**CLASSIC PRAWN COCKTAIL** £10.50  
With Marie Rose sauce, cucumber & lettuce

**TRADITIONAL GREEK SALAD** £8.50  
With olives, feta cheese & pita bread

**SHARING PLATTER** £25.00  
Taramasalata, tzatziki-houmas, Greek sausages,  
marinated olives, pitta bread.  
Or individual, please let us know

**ANTIPASTO SHARING BOARD**  
**FOR ONE . . . £12.50 FOR TWO . . . £25.00**  
With sourdough bread, selection of cured meats, pickles & chutney

**BAKED LARGE MUSHROOM** £9.50  
With goats cheese & homemade chilli jam

**GARLIC MUSHROOMS** £9.50

**DEVILLED WHITEBAIT** £9.50  
With tartare sauce & lemon

**SMOOTH BRUSSELS PATE** £9.50  
With sister's toast & chutney

## Fish Dishes

**HOMEMADE BATTERED COD** £17.00  
Served with French Fries & Peas

**GRILLED FILLETS OF SEABASS (GF)** £25.00  
Served with French Fries or New Potatoes & Greek salad

**POACHED SALMON FILLET (GF)** £22.00  
In a White Wine, Cream & Bay Leaf Sauce.  
Served with French Fries or New Potatoes

**GOLDEN BREADED WHOLE TAIL SCAMPI** £17.00  
Served with French Fries & Peas

## Greek Specialties

**VEGETARIAN MOUSSAKA (GF)** £21.00  
Moussaka is one of the most celebrated Greek dishes, layered with  
potatoes, aubergine & courgettes with creamy bechamel sauce  
Served with Greek Salad

**BEEF MOUSSAKA** £26.50  
Served with Greek Salad

**THE HALLOUMI SAGANAKI BURGER** £21.50  
With oregano, toasted sesame & a drizzling of honey  
Served with French Fries

**LAMB SHANK KLEFTIKO (GF)** £26.00  
Lamb Shank, cooked slowly, with Oregano, Garlic,  
Red Wine & Vinegar Sauce  
Served with Rice & Greek Salad

## Nick's Gyros

**BUILD YOUR OWN - WITH A CHOICE OF:**

**CHICKEN SOUVLAKI** £21.50  
Tender pieces of Chicken in Lemon Juice, Garlic, Olive Oil & Oregano

**LAMB SHANK - DONER KEBAB** £25.00  
Tender Lamb glazed with Kleftiko Sauce

**BBQ HALLOUMI CHEESE & VEGETABLE KEBAB (V)** £21.50  
Marinated Halloumi Cheese & Greek Vegetables

**Served with Sliced Tomatoes, Lemon Wedge,  
Tzatziki & French Fries**

## The Grill at Trade Winds

**10oz SIRLOIN STEAK (GF)** £33.00  
Premium Cut  
Served with French Fries, grilled tomato, mushrooms & peas

**8oz fillet STEAK (GF)** £38.00  
Premium Centre Cut  
Served with French Fries, grilled tomato, mushrooms & peas

### Steak Sauces

£3.50 each

**DIANE**  
Flavoured with Brandy, Worcester Sauce, French Mustard &  
Red Wine, finished with Fresh Cream & Parsley

**PEPPER**  
Brandy & Peppercorns, finished with Fresh Cream

**STROGANOFF**  
Mushrooms flambéed in Brandy with Paprika & Double Cream

**STILTON**  
Bacon, Mushroom, Stilton & White Wine

**PAN FRIED LIVER & BACON** £17.00  
Served with Fries or Mashed Potatoes

**12oz GAMMON STEAK (GF)** £17.00  
With either Double Egg or Pineapple served  
with French Fries & Peas

## Sides & Extras

**TRIO OF VEG** £4.00

**GARLIC CABBAGE** £4.00

**GARLIC BREAD** £5.50

**GARLIC BREAD WITH CHEESE** £5.50

**OLIVES (V)** £4.50

**GREEK SALAD & PITTA BREAD (V)** £7.00

**GRILLED HALLOUMI & OREGANO (V)** £7.50

**SELECTION OF HOMEMADE DIPS (V)** £5.50

**TARAMASALTA** £6.00

**HOUMOUS** £6.00

**TZATZIKI** £6.00

**EXTRA PITTA BREAD X 3 (V)** £3.00

Please inform staff of any allergies or special dietary needs  
(V) Vegetarian (GF) Gluten Free