

# Tradewinds Classics

## Chicken Stilton (GF)

with Stilton Cheese, Bacon & Mushroom Sauce  
**£17.50**

## Chicken Tradewinds (GF)

Pan-fried Butterfly Chicken with White Wine, Onion, Mushroom & Chopped Tomatoes, Finished with Cream  
**£16.50**

## 1/2 Roast Duck with Orange Sauce

**£25.00**

## Tender Pork Belly Ribs

Sweet, Spicy & Sticky Served with French Fries  
**£15.75**

## BBQ Chicken, Cheese & Bacon Burger

Grilled Chicken Breast Basted with BBQ Sauce  
Topped with Bacon & Cheese  
**£15.00**

*All the above served with a choice of potatoes or rice*

## Spaghetti Bolognese - A Tradewinds Classic!

**£14.50**

## Lasagne

Beef Bolognese & Creamy Béchamel Sauce,  
served with French Fries  
**£14.50**

## Beef Curry & Rice

Tender Braised Beef  
**£15.00**

## Chicken Curry & Rice

Tender Chicken Chunks  
**£12.50**

## Prawn Curry & Rice

**£16.00**

Vegetarian option available, please ask.

## Sides

**Chips small £2.50**  
**Chips regular £4.00**  
**Trio of Veg £4.00**  
**Garlic Cabbage £4.00**  
**Garlic Bread £4.00**  
**Garlic Bread with Cheese £5.50**

*Please inform staff of any allergies or special dietary needs*

# Trade Winds Pizzas

*To Eat In or Take Away*

Homemade 12" Pizzas

## Ask Nick for the Pizza of the Day

### Margarita - £9.50 (V)

Classic Sun Blush Tomato, Mozzarella & Fresh Basil

### Pepperoni - £10.50

Classic Pepperoni, Mozzarella & Fresh Basil

### Hawaiian - £10.50

Ham and Pineapple

### The Fully Loaded Tuna & Sweetcorn - £10.50

### Olive - £11.00 (V)

with Marinated Greek Olives, Mozzarella, Mustard Cress & Shaved Parmesan

### Smoked Chicken - £12.50

With Red Onion, Roast Peppers & BBQ Sauce

Takeaway available  
please ask

## SUNDAY ROAST

**£13.75**

Meats of the day & seasonal vegetables

Booking advised

**£7.00**

## Children's Menu

4 Fish Fingers served with homemade chips

Chicken Nuggets served with homemade chips

Mini Classic Burger with Cheese & homemade chips

Ham & Egg served with homemade chips

Homemade Spaghetti Bolognese

Mini Cheese & Tomato Pizza

# Tradewinds

*Traditional Greek & English Restaurant*

01626 773181

## To Start

### Traditional Greek Salad (V)

with Olives, Feta Cheese & Pitta Bread  
**£6.00**

### Classic Prawn Cocktail

with Marie Rose Sauce, Cucumber & Lettuce  
**£8.50**

### Homemade 12" Garlic Bread

with Cheddar Cheese (V)  
**£5.50**

### Devilled Crispy Whitebait

with Chunky Tartare Sauce  
**£7.50**

### Homemade Dough Balls

Stuffed

with Mozzarella (V)

Coated in Garlic & Rosemary Butter  
**£4.50**

### Creamy Garlic Mushrooms

(V) (GF)  
**£7.50**

### Fish Platter to Share

Whitebait, Scampi, Smoked Salmon a Skewer of Tiger Prawns with Tartare Sauce  
**£21.00**

## Nick's OPA

### \*\*NEW\*\* Cocktail & Nibbles Menu

Now available  
please ask

## Fish Dishes

### Homemade Battered Cod

with French Fries & Peas  
**£11.50**

### Golden Breaded Scampi

with French Fries & Peas  
**£12.50**

### FISH of the Day @ market price

### Grilled Fillets of Seabass (GF)

With a Skewer of Tiger Prawns, Sautéed in Garlic Butter, French Fries or New Potatoes  
**£23.50**

### Poached Salmon Fillet (GF)

in a White Wine, Cream & Bay Leave Sauce, French Fries or New Potatoes  
**£16.00**

## Sunday Roast

also available

**£13.75**

Meats of the day with seasonal vegetables

Booking advised

*Please inform staff of any allergies or special dietary needs*



## Greek Specialities

### Beef Moussaka

Moussaka is one of the most celebrated Greek dishes!  
Layers of Potato, Aubergine & Courgettes with Beef Bolognaise  
&  
Creamy Bechamel Sauce, Served with Greek Salad  
**£18.50**

### Vegetarian Moussaka (V)

Layers of Potato, Aubergine & Courgettes, Roasted Peppers &  
Onions  
with a Tomato Ragu & Creamy Bechamel Sauce  
Served with Greek Salad  
**£15.50**

### Beef Stifado GF

The secret here is very long, slow cooking. Juicy & tender,  
melt in the mouth Beef Stifado  
Slightly sweet & intense Tomato Based Sauce  
Served with Rice & Greek Salad  
**£19.50**

### Pastitsio (Baked Greek Lasagne)

If you haven't tried Greek Pastitsio before then you are  
certainly missing out!  
Layers of Juicy Minced Beef in a Rich Tomato Sauce  
Topped with Cream & Macaroni Cheese  
Served with Greek Salad  
**£16.50**

### Lamb Shank Kleftiko GF

Lamb Shank, cooked slowly, with Oregano, Garlic,  
Red Wine & Vinegar Sauce  
Served with Rice and Greek Salad  
**£19.50**

### Nick's Gyros – Build Your Own – With a Choice of:

**Chicken Souvlaki** – Tender pieces of Chicken in Lemon Juice,  
Garlic, Olive Oil & Oregano  
**£16.50**

**Lamb Shank** – Doner Kebab – Tender Lamb glazed with  
Kleftiko Sauce  
**£17.50**

**BBQ Halloumi Cheese & Vegetable Kebab** – Marinated  
Halloumi Cheese & Greek Vegetables  
**£15.50 (V)**

Served with Sliced Tomatoes, Shredded Lettuce, Tzatziki and  
French Fries

## The Grill at Tradewinds

All served with French Fries, Grilled Tomato,  
Mushroom & Peas

**6oz Fillet Steak (GF) - Premium Centre Cut - £28.00**

**10oz Fillet Steak (GF) - Premium Centre Cut - 34.00**

**8oz Rump Steak (GF) -£17.00**

**24oz T-Bone Steak (GF) - Tender Fillet &  
Flavoursome Sirloin Pre-Order Only - £44.00**

**6oz Lamb Chops (GF) -Tender Lamb on the Bone  
2 - £22.50 3 - £26.50**

**Add a Skewer of Tiger Prawns Sautéed in Garlic Butter  
£8.50**

## Steak Sauces

DIANE: Flavoured with Brandy, Worcester Sauce, French Mustard  
& Red Wine Finished with Fresh Cream & Parsley

PEPPER: Brandy & Peppercorns. Finished with Fresh Cream

STROGANOFF: Mushrooms flambéed in Brandy  
with Paprika & Double Cream

STILTON: Bacon, Mushroom, Stilton & White Wine  
All **£2.50**

### Beef Stroganoff

Tender strips of Fillet Steak, pan fried with Onions, Mushrooms,  
Paprika, flamed in Brandy and finished with Cream,  
on a Bed of Rice  
**£23.50**

### Panfried Liver and Bacon

Served with Fries or Mashed Potatoes  
**£12.50**

### 12oz Gammon Steak (GF)

with either Double Egg or Pineapple  
served with French Fries & Peas  
**£12.50**

*Please inform staff of any  
allergies or special dietary needs*

## Ultimate Greek Meze

‘OUZO’

‘ΟΡΑ’

### Greek Loukaniko

Greek Sausage

### Beef Moussaka

Moussaka is one of the most celebrated Greek dishes!

### Vegetarian Moussaka

### Beef Stifado GF

The secret here is very long, slow cooking.  
Juicy & tender, melt in the mouth Beef

### Pastitsio

Baked Greek Lasagne

### Halloumi & Mint Mac & Cheese

### Beef Lasagne

Beef Bolognaise & Creamy Béchamel Sauce

### Tender Pork Belly Ribs

Sweet, Spicy & Sticky

**£9.50 each**

### Lamb Kleftiko GF £12.50

Lamb shank cooked slowly with Red Wine & Vinegar sauce

**Olives £4.50**

**Greek Salad & Pitta Bread £6.00**

**Grilled Halloumi & Oregano £6.00**

**Selection of Homemade Dips £4.50each  
Taramasalata - Tzatzika - Houmous  
plus a pitta bread**

**Extra Pitta Bread x 3  
£3.00**